

For Kyla, who is  
(almost) ten tins tall

NK



We haven't taken any half measures  
with this book. All the facts and figures  
are based on an average five-year-old  
child in the Western world.

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# Measuring

# ME!



by Nicola Kent

My body is  
amazing.

Just look at some of  
the reasons why!



I'm  
as  
tall  
as  
ten  
tin  
cans.