

**I CAN'T
DO IT...**





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I CAN'T DO IT... YET!

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From LONDON to JAMAICA...

...from MUMBAI to TIMBUKTU,

you will hear the same thing **SHOUTED**.
Can you guess it?
Need a clue?



STOPPP PPP!!!!!!!!!!!!!!

'STOP!' screamed the mouse, now banging his gong!
'I've been trying to tell you, you've got it all wrong!
There's a word that's been missing the whole way along...

I can't do it... YET!

Everyone was **excited**,
to learn they're allowed
to get things wrong along the way,
and still feel really **proud**.



They go back to their challenges but every night they phone,
to check in with each other so they know they're **not alone**.

As time goes by, through ups and downs
Our friends grow more each day.
Till one by one, they get to shout,

'I can do it now!
HOORAY!



So next time you are struggling or end up in a mess,
REMEMBER...
Set-backs are like treasure maps – they lead you to **success!**



I CAN'T DO IT...YET!

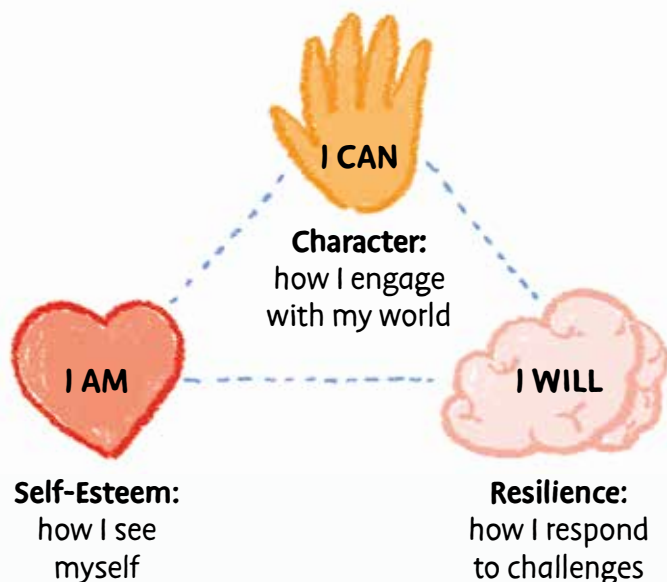
WELCOME TO... THE COURAGE CLUB

This story is part of **The Courage Club** series — helping children (and their adults!) build bravery, take risks, and go after hard things together.

The bigger picture

So much of our approach to mental health is reactive: we wait until there's a problem before stepping in to 'fix' it. At *The Courage Club* we believe in a more proactive approach - one that supports ALL children to build strong emotional foundations right from the start. This is not just to equip children with the tools to cope when life's challenges come but also to empower them with the skills to thrive well beyond that.

The Courage Club is built around three core strands of child development:



Where this story fits

I Can't Do it... Yet! helps children recognise that learning something new and making progress takes time. In a world that celebrates quick wins and short cuts, we want children to develop resilience to understand that hard things are worth doing and that perseverance matters more than instant success. When things are tough, adding the word YET makes all the difference. It tells children (and adults!) that struggle is not a sign to give up but rather A POWERFUL MESSAGE that you are ON THE RIGHT TRACK! When adults model this mindset, children begin to embody it for themselves.

So, let's keep saying it out loud, together:

I can't do it... YET!