

the cross country league is so stressful this year...



EVERY TIME BEFORE PRACTICE

i'm too tired to go today...

then don't go...



WARMING UP



good it's so cold

WHILE RUNNING



i'm in agony

AFTER RUN



i'm so tired and sweaty and hungry...

AT HOME



i just want to lay here for an hour...

MORNING



my knee's hurting again



man i love running so much