

Will You Be My Friend?



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ILLUSTRATED BY
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How do I make friends?

Things we can do to help make friends...



Smile and look pleased to see someone.



Look at their face and make eye contact.



Find something you both like doing and talk about that.



Say something nice to them.

Try to make them feel relaxed.



Go over and stand near to them.



Ask questions to show you are interested.



DON'T decide anything about a person until you know them well.



We can sometimes feel a bit nervous about meeting new people but this feeling soon goes once we start talking to them. Remember they are probably feeling a bit nervous too.



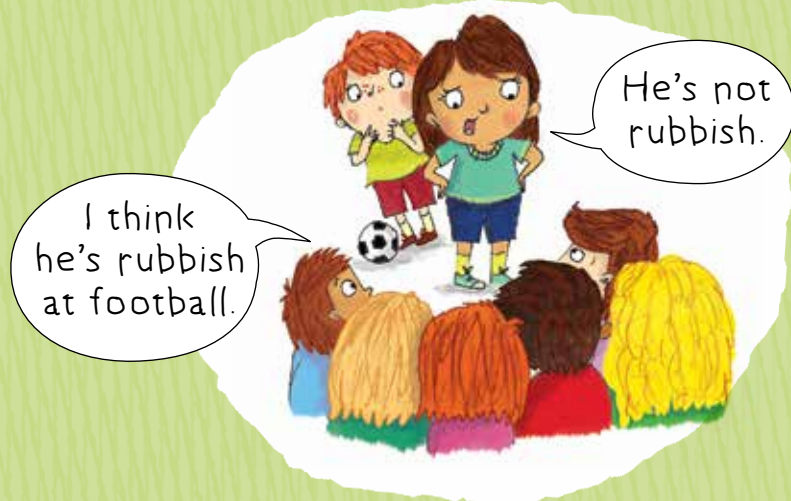
What makes us a good friend?

We are a good friend if we...

Forgive our friends when they make mistakes.



Stick up for them if someone else is being nasty.



Show we care when they are upset.



Take time to listen to them.



Ask questions to show we are interested.



Say nice things to them.



Help them to solve problems.



Show that we enjoy being with them.

Being a good friend isn't always about getting things right or being perfect. It's about being there when your friend needs you.

